# Systems Thinking In Practice

## In Light Of Orthodox Islam

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“Your writing is both inspirational and motivating…”

Halima Sarki

Abuja Nigeria

CONTENTS

# Table of Contents

Introduction.....5
Text(Matn).....7
Bonus Chapter.....13
Spiritual Levitation 1: The Other side of Abstemiousness.....13
FINAL PRAYER.....17
FINAL WORD.....18
Bonus Chapter 1.....22
3 types of souls.....22
Bonus Chapter 2.....25
'Uboodiyyah: Beyond Temporary Friendship.....25
Bonus Chapter 3.....29
Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd.....29
Bonus Chapter 4.....34
Introduction to Pre-destiny: The Sea Without a Shore.....34

# Introduction

In The Name of Allah, The Entirely Merciful The Especially Merciful

This is a book about  Systems Thinking In Practice- it is taken partly from; Systems theory( the interdisciplinary study of systems, i.e. cohesive groups of interrelated,

interdependent parts...A system may be more than the sum of its parts...[Wikipedia]). It has been Islamised to fit in the light of Orthodox Islam- by the will of Allah

I have purposely kept it short, for brief reading.

## Text(Matn)

All praises be to Allah and salutations and peace be upon the Prophet Muhammad, His Family, His Companions and all those that follow him until the day of Judgement

To proceed

In its essence, “Systems thinking in Practice” deals with getting/ having/ identifying a complex problem, breaking it down into parts using a spiritual/ mental algorithm to solve it

i.e. using deep philosophical problem solving skills to come up with a solution.

The “in practice” part at the end stresses that the practical implementation of the successful

theoretical solution, is also successful

Ultimately the solution( in essence), must be better than the initial problem.

So to summarize, Systems thinking is used to solve complex problems(more-so than not). The “in practice” part at the end, is implemented through choosing the

philosophy you wish to use to solve the problem( and thus implement the solution).

In Orthodox Islam( Salafiyyah), we are instructed to obey Allah, The Final Messenger( Muhammad Peace be upon him), and those above us in Authority.

Therefore, we must obey the Scholars and the Leaders i.e. Caliphs/ Khalifah( The Islamic Ruler) etc. and to hear and obey them, even if they were to take your wealth and beat your back. This is

opposed to those such as the Seceders( Khawarij) who make the blood of the Muslims and innocent people permissible albeit wrongfully. They declare heresy on all the people( generally), except themselves. They believe in rebelling against the Leader and those in authority( wrongfully).

We are told in the Quran that, if we have any differing between one another, that we must return it back

to the Quran and sunnah i.e. the sacred texts.

So that above is the solution for problems i.e. family( nucli) problems, community problems, intra-national and international problem.

May Allah guide us all Ameen

# Bonus Chapter

## Spiritual Levitation 1: The Other side of Abstemiousness

1. Face your fears, and pray to Allah always

2. You can never attain true success (i.e. in this world and the next life),

until you worship Allah correctly and seek His assistance continuously/ continually

3. If you choose a life of worshipping Allah in all that you do in your life, then( by His will), all that you desire will come to you submissively.

4. Every time you feel like giving up, turn back to Allah( whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb is that the better you are, the more

those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can sometimes be found in cities and towns.

9. The more you practice Zuhd( Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the more the world clings on to you( metaphorically speaking)

## FINAL PRAYER

All Praises abundant and plentiful belong to Allah, and peace be upon his final Messenger Muhammad, peace and blessings be upon him, his family, his companions and all of those that follow them till the day of Judgement.

## FINAL WORD

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# Bonus Chapter 1

## 3 types of souls

1. Mutma innah- Surah Fajr Verse 27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah Qiyaamah(The Resurrection) Verse 2

3.Amru bissuw-

Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim( A sound heart)

2. Qalbun Mareedh( A sick heart)

Oh Allah give us a complete cure

that leaves no illness Ameen.

3. Qalbun Mayyit( A dead heart)

May Allah protect us from this

Ameen

# Bonus Chapter 2

## ‘Uboodiyyah: Beyond Temporary Friendship

All praises be to Allah and

salutations and peace be upon the

Prophet Muhammad, His Family, His

Companions and all those that follow him until the day of Judgement

To proceed

1. If you don’t let go to worldly love, you’ll never know which relationship is meant to be permanent, and which was meant to be temporary; for the good of yourself.

Take the example of Prophet Ibrahim(upon him be peace and Salaam):

The important thing( wa Allahu A’laam/ and Allah knows best) is that Allah wanted Ibrahim( ‘aleihimussalaatu wa salaam/ upon him be peace and Salaam) to sacrifice the love of his son from his own heart.

Like the story of the 2 sons of Adam; Allah wanted to see who would part from the dunia/worldly life from their hearts( wa Allahu A’laam/ and Allah knows best), by

giving their best possessions i.e. the crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

**May Allah guide us all Ameen**

# Bonus Chapter 3

## Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd

All praises be to Allah and salutations and peace be upon the Prophet Muhammad, His Family, His Companions and all those that follow him until the day of Judgement

To proceed

1. Never let go of your( correct) religious principles

2. The enemies surrounding you( i.e. Shaitan/ satan and dunia/ the seeming glitter of the world) (and

within you, (i.e. your hawa/ desires and nafs/ your lower self) are always ready to launch attacks. Be vigilant(i.e. by supplicating to Allah always), be informed(i.e. seek knowledge) and be ready( for the ongoing spiritual battle/ warfare) and on guard( by beseeching Allah’s assistance, refuge and rescue)

3. Sometimes you have to let go of certain things, for a new chapter if your life to begin

4. Whatever is with Allah( by His protection)/ Everything that is with Allah( by His protection) is never lost

5. It is at that breaking point, when you literally( and metaphorically) feel that you are fast-approaching rock bottom( or anguish is about to set in); that is the time to supplicate for all the good that you wish for.

Then wait for the miracles that shall follow( only by the will of Allah)

6. Always ask for Allah’s bounties/ favours upon you( , whether you hear the cockerel crow or not)

# Bonus Chapter 4

## Introduction to Pre-destiny: The Sea Without a Shore

All praises be to Allah and

salutations and peace be upon the

Prophet Muhammad, His Family, His

Companions and all those that follow him until the day of Judgement

To proceed

4 Parts to the Qadar( Pre- destiny of Allah)

1. Al ‘Ilm( knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that

will happen( in the future), and also things that **if they were to happen**, how they would happen.

2. Al Kitaabah( The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

3. Mashi a( Will)

That everything happens by the will of Allah.

That we also a will, but ultimately, it is still under the will of Allah.

‘Aml( Action/ Deeds)

That Allah  created/ creates everything, including our actions.